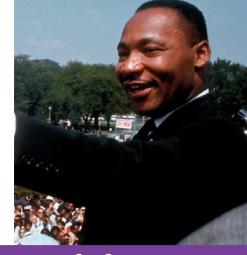
MLK Day is the only federal holiday designated as a National Day of Service to encourage all Americans to volunteer to improve their communities.



### **MLK DAY 2024**

# **Local Volunteer Opportunities**

Explore this curated list of local organizations offering volunteer opportunities.

While not comprehensive, it serves as a starting point for your journey to making an impact on Martin Luther King, Jr. Day 2024—and beyond.

#### Sterling House Community Center

sterlinghousecc.org or contact Cathy Huda, chuda@sterlinghousecc.org

For 90 years, SHCC has welcomed and served generations of children and adults. At the heart of our preschool, after school, summer camp, athletics, food pantry and other programs and services, is a spirit of welcome. Volunteer opportunities include:

- Youth Development: Counselors/Junior Counselors in Training; After School Program
- STROBE: A teen youth group (Grades 7-12) which meets to socialize and plan fun and exciting community service activities in and around the Stratford area.
- Food Pantry/Deliveries
- Athletics: Coach, Referee, Scorekeepers; Soccer/Basketball/Lacrosse
- Special Events: Special Event Committees, Event Volunteers, Administrative Work

### **Stratford Library**

stratfordlibrary.org/volunteer

Students entering grades 8 to 12 can earn community service hours (which can fulfill school, church, and/or civic group service requirements), learn valuable job skills, develop a strong sense of responsibility, and build their resumes through library volunteer programs.

#### **Baldwin Center/Stratford Senior Services**

For more information about volunteering, call 203-385-4050 or seniorservices@townofstratford.com

The Baldwin Center provides a place for social connection, learning and a healthy, active lifestyle for our senior community.

#### **Stratford Recreation**

Contact: recreation@townofstratford.com

The department offers a variety of programs both during the school year and summer that can utilize youth volunteers. Opportunities can involve after school sports such as Basketball programs and gymnastics, dance programs, learning programs, open gym, special events throughout the year and summer camps such as Preschool sports camp, sports camp, and learning camp.

### Town of Stratford Partnership for Youth and Families

Contact: James Olsen, jolsen@townofstratford.com

Students entering grades 8 to 12 can earn community service hours (which can fulfill school, church, and/or civic group service requirements), learn valuable job skills, develop a strong sense of responsibility, and build their resumes through library volunteer programs.



# STARS (Stratford Animal Rescue Society)

stratfordanimalrescue.org/volunteer.html

STARS works in collaboration with the Stratford Police Department, Animal Control Division. Volunteers assist in the care of animals housed in the Animal Control Facility and provide support for various fundraising and humane education programs.

#### **Stratford YMCA**

cccymca.org/locations/stratford

All ages. One-time commitments such as helping at a special event to longer-term opportunities such as coaching youth and teen sports and tutoring youth. Program volunteers go through an application and screening process similar to that of paid staff members.

#### The Perry House Foundation

perryhousestratford.org

The Perry House Foundation is a non-profit organization that was established in 2004 with the sole responsibility for managing and operating the historic Perry House in Stratford. The staffing of the Perry House is predominantly a volunteer labor force. All Board members also serve on a voluntary basis.

#### Stratford Volunteer Corps

stratfordvolunteercorps.com

Stratford Volunteer Corps is a volunteer organization that brings agencies, classrooms and teachers together with volunteers who can help support the mission of learning.

### Stratford's Project Greensweep/ Housatonic River Clean Up

housatonicrivercleanup.org

Each year volunteers have removed more and more debris from the river's banks and islands making this yearly project extremely vital. This yearly project is funded entirely by donations from individuals and local entities. Committee members are unpaid volunteers who are passionate about keeping the river safe and healthy for all to enjoy. This year's date is April 27, 2024 from 8 am to 2 pm.

#### Stratford EMS - Explorer Post

Contact: Sean Campbell (203) 385-4060

Explorer Post 4911 is an emergency medical servicesoriented youth organization. The post affords young men and women between the ages of 14 and 18 the opportunity to gain first-hand experience in the fields of emergency medicine and emergency services, rescue, business administration, and fundraising.

#### The Lord's Kitchen

Hosted by Christ Episcopal Church and The Stratford Clergy Association

Contact: Deacon Paul Kurmay, pkurmay45@outlook.com

Stratford's only community meal program has been serving free meals every Monday and Wednesday from 5 to 6 pm since 2011.

#### **Thomas Merton Center**

Contact: Volunteer Coordinator, Karen Frissora KFrissora@ccfc-ct.org & the Operations Coordinator, Sabine Kuczo skuczo@ccfc-ct.org

Our volunteers and staff provide a warm and welcoming atmosphere for our guests providing critical resources for our neighbors suffering from food insecurity and needing basics such as shelter and groceries.

#### **Adams House**

adamshousect.org/volunteer-form

Adam's House is a non-profit grief and loss center providing peer support to grieving family members.

## Habitat For Humanity Coastal Fairfield County (CFC) Youth United

Contact: YouthUnitedCFC@gmail.com

Youth United is the youth division of Habitat for Humanity of Coastal Fairfield County (Habitat CFC). Students ages 12 to 18 from different backgrounds, schools, and organizations in Fairfield County come together to coordinate build days, fundraisers, and other activities to contribute to Habitat CFC's mission of providing decent and affordable housing to the coastal Fairfield County.

